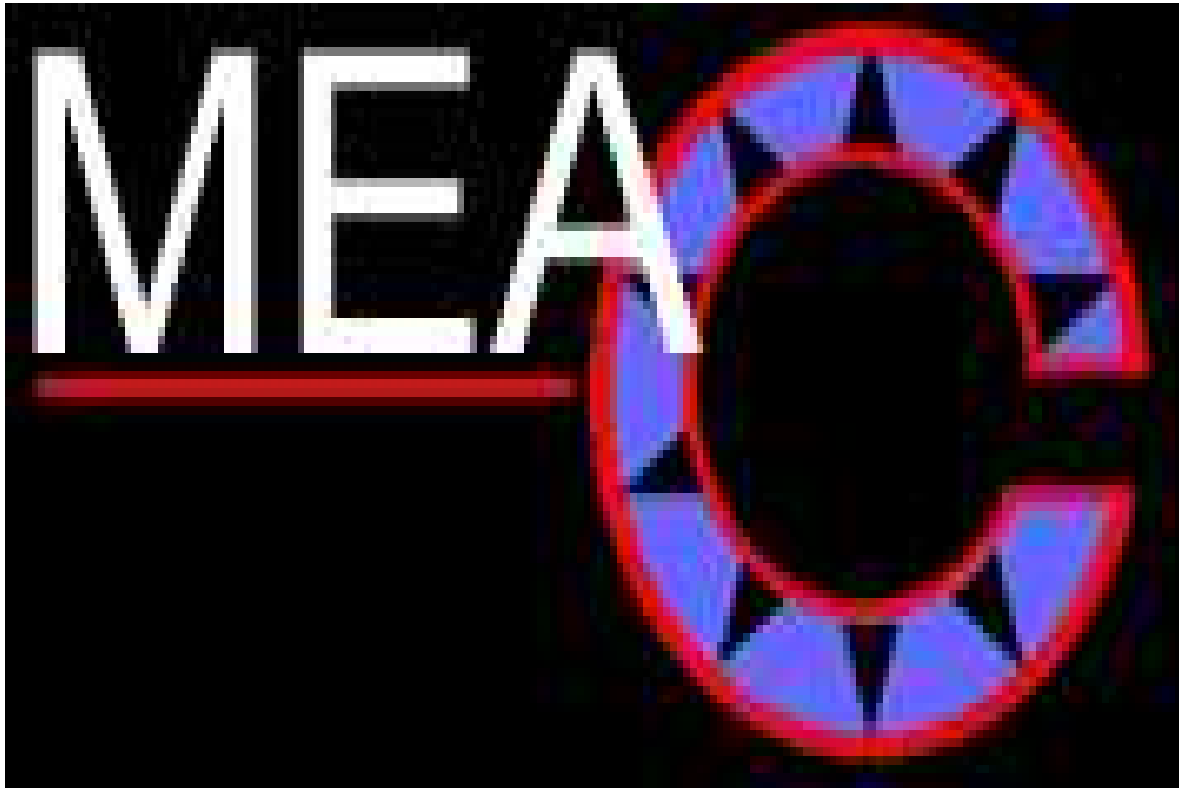


**MAASAI EDUCATION & ADVOCACY
FOR CHANGE**



**KENYA MAASAI
PREREGISTRATION
INFORMATION BOOKLET**

MAASAI EDUCATION & ADVOCACY FOR CHANGE

VOLUNTEER IN KENYA MAASAI PRE-REGISTRATION BOOKLET

This Pre-registration Booklet provides some more information to help you decide whether you would like to volunteer with MEAC in Kenya Maasai. It is impossible to describe what it is like to experience Volunteer travel in Kenya Maasai– the harsh contrasts, the beautiful friendly giraffes wandering Amongst the villages, people, working with other likeminded volunteers from all over the world and the amazing landscapes and scenery. However, this booklet provides you with some general Information on what to expect in Kenya Maasai. When you sign up to volunteer with MEAC, we will send you out a full version of this booklet to help you prepare. Just remember if there is anything You want to know that is not answered in this booklet or on our website, feel free to contact us at anytime. Get ready for one of the most amazing experiences of your life.

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THERE ARE LOTS OF VOLUNTEER ORGANISATIONS OUT THERE.....

WHAT MAKES MEAC KENYA SO SPECIAL?

MEAC offers a number of services you simply will not receive with any other organization.

SERVICE

How many times have you emailed a travel agent or volunteer organization only to have them take weeks to get back to you? It can be an extremely nervous and anxious time preparing to go volunteering abroad and when you want an answer to a question you may have, you want it now!

Not next week or the week after. At MEAC Kenya, we pride ourselves on our quick, accurate and efficient response time to emails and enquiries. If you email us with an enquiry you can expect to hear back within 24 hours (one working day). We challenge you to find a volunteer organization with more efficient response time and better volunteer service than MEAC!

AFFORDABILITY

One of the main motivations behind the formation of MEAC was to provide volunteers with high quality, safe and affordable volunteering opportunities in developing countries. Many people associate low cost with low quality - not us. We want to provide you with the best volunteer experience possible at the cheapest price, so you have money to spend on other things while you are abroad. Why spend thousands on volunteering abroad when the best programs and prices are with MEAC? Check out our great prices today.

FLEXIBILITY

Every volunteer is different and everybody has different expectations from their volunteer placement. Therefore MEAC has partnered with local organizations within Maasailand and Nairobi who are flexible and can help

tailor volunteering placements for each specific volunteer. Some volunteers may want to work huge hours at their project while others may only want to spend a few hours each day working. Some volunteers may want to work in rural areas, others the city and some may even want a combination of the two. Our partner organization will work with you and do their utmost to ensure your volunteer experience is what you want, not simply what you are given.

QUALITY

While we are prepared to sacrifice charging high fees, we will not sacrifice quality. We are not prepared to send volunteers to a placement that is unsafe or of low quality, and to this end all of the volunteer placements and home stays we offer, have been inspected and experienced by MEAC. MEAC does not offer as many programs as other organizations because it takes a long time to find local NGOs in host country that are affordable and yet provide high quality volunteering placements. While MEAC is in the process of opening a number of new programs, we will not surrender quality or affordability in order to increase our volunteer placement options.

SUPPORT

From the moment you pay your registration fee at MEAC you will have support 24/7 until the day you finish your volunteer project. You will receive an informative online booklet detailing everything you need to know about your imminent volunteer placement specific to your country while you will also be assigned a MEAC staff member who will be your point of call until you go and also throughout your project. During your volunteer placement you will always have support close at hand through our organization in Maasailand, while MEAC will be in regular contact to ensure your volunteer experience is everything you expect it to be.

SAFETY

Traveling to a different country and experiencing a different culture can be a scary experience at the best of times, but when you are immersing yourself right into the culture through volunteering and living amongst the local

community, this apprehension can often be compounded. While safety can never be totally guaranteed wherever we are in the world, MEAC in conjunction with local communities do all they can to ensure your volunteering project is as safe as humanly possible. You are placed in trustworthy institutions and reliable accommodation situations all of which have been inspected and experienced by MEAC directors.

FRIENDSHIP

Volunteers on MEAC's programs often form lifelong friendships with their host families and the people they assist on the volunteer programs. However they also form strong bonds with the other volunteers they meet, work and live with on their placements. Despite many volunteers coming from extremely dissimilar backgrounds, the experiences that these volunteers share forge strong ties that can last a life time in spite of their vastly different home cultures.

NEED

There is nothing worse than investing your time and money into volunteer travel, then flying half way around the world simply to find that your presence is not really required. MEAC actively seeks partner organizations that have a legitimate need for volunteers. Whether your stay is a short or a long one, our partner organizations will do their utmost to ensure you DO make a difference.

LOYALTY

Loyalty is a crucial element to the foundations that MEAC has been built on. Making the decision to invest your time and money to volunteer abroad is a difficult one and to this end we try to make it as easy for you as possible. We make the registration fee refundable so if you change your mind closer to the time (no closer than 2 months to your start date) you will receive your money back.

Furthermore, if you decide to volunteer with MEAC again within a 24 month period after your first volunteer experience we will waive the registration fee. This means

you can combine multiple volunteering experiences within a 24 month period and only pay the registration fee once!

EXPERIENCE

The staff at MEAC have been there and done that. We are former volunteers who know what it is like to arrive in a foreign country, knowing no-one and about to give up our time to help people we have never met before. We have experienced firsthand the programs we offer. We have lived in the accommodation and eaten the food you will. We have experienced the same trepidations and fears before traveling and we will be here to help you. Every year we spend approximately 3 months ourselves traveling our programs and experiencing what our volunteers are (chances are we will meet you!!). There is no higher form of quality control than experiencing the programs first hand and fixing any problems that you encounter. By living and volunteering alongside our volunteers we ensure our programs remain the very best!

ENJOYMENT

There is much more to a top quality volunteer travel experience than simply volunteering day in, day out. Volunteering with MEAC you get additional bonuses such as photo and video competitions where you can win money back for simply giving us feedback on your program or posting photos on Face book. Furthermore, most volunteers are first time travelers to their host country and often wish to look around and explore. To accommodate this our in-country partner organizations have partner tourism companies or contacts that allow you to 'escape' from the rigors of day to day volunteer work, to spend a weekend or extended break, experiencing more of the country you are working in. Often the prices for these tours and trips are much better than you'll find anywhere else in the country as the trips are discounted for volunteers.

PROGRAM OVERVIEW

MEAC is a proud Maasai run organization, aiming to improve the lives of people in Maasailand, Kenya. We coordinate a

wide range of projects, including volunteer, home stay and sponsorship programs, all of which allow foreigners to personally assist in developing our community, and directly benefiting children in the local community. We invite you to explore our website to learn more about what we do. MEAC places volunteers in a variety of projects including teaching, medical placements and community development in a Maasai Village in rural Kenya. Before arriving in Kenya volunteers should understand that resources are extremely limited in the institutions they will be working. Therefore, any supplies volunteers can bring, appropriate to their particular program are always very appreciated by the local people and staff. We provide some ideas of good supplies to bring relevant to your particular program in the WHAT TO BRING section of the full information booklet.

[Location of Volunteer Placements](#)

MEAC has volunteer placements in Kimuka and surrounding Maasai villages. Kimuka lies on the leeward side of the Ngong Hills, 9kms from Ngong Town and 30km West of Nairobi, the capital city of Kenya. The landscape is characterized by bold rugged rocky hills of the Rift Valley. The area is covered by the dry savanna grassland vegetation which is dominated by Acacia shrubs/trees. There are few seasonal rivers and several marshes. There are true volcanic soils which are ideal in the growing of various foodstuffs and for the pastures of both domestic and wild animals.

[Start and Duration of Programs](#)

Placements begin on the 1st of each month. Volunteers can choose to volunteer for periods of two weeks to six months.

[Requirements](#)

Volunteers must be over 18 years of age at the beginning of the program and have at least a high school education. Volunteers participating in the MEDICAL PLACEMENT must have appropriate training and certification (to be presented to MEAC staff on arrival in Kenya). It is also necessary to have a good level of general fitness. Due to the remote nature of the Maasai villages, there is much walking

between institutions such as schools and clinics and manyattas (home stays).

Placement Descriptions

Teaching

With the introduction of free primary school education in Kenya, the Kenyan Government was faced with a dilemma. A large amount of students entitled to an education and a comparative lack of teachers. Teaching at a Maasai community school is an experience like no other. Giraffes often wander freely around the school grounds and it is no big deal to have some wild animal burrow holes through the school fields overnight. Typical subjects taught include – English, Math, Science, Social Studies, Art and Physical Education. Schools in Kenya run for three terms a year (Term One – January to March, Term Two – May to July, Term Three – September to November). There are short breaks between these terms during which time volunteers can take a break, travel, engage in tourist activities such as safari, take tutorials for senior students, or participate in another placement. N.B. Volunteers DO NOT need to be a qualified or experienced teacher.

Medical Placement

Life in a Maasai community is no different to other regions of Kenya and poverty still has a large impact on the quality of life the Maasai people are able to enjoy. One of the largest problems Maasai communities face through their remote location is a lack of medical knowledge, supplies and education. The Maasai Medical Placement encompasses a number of fields and medical professionals and students are sorely needed. Volunteer work on this project includes assisting with the running of a local health clinic, conducting lessons to Maasai community groups on the dangers of HIV and how to prevent themselves from getting infected, home visits, counseling and testing services for HIV and Aids. N:B For the MEDICAL PLACEMENT, volunteers need to be training or qualified in a relevant medical field. Therefore, volunteers

are required to present a copy of their qualifications and certificates to our program partner on arrival in Kenya.

Community Development

Assimilating local Maasai communities into the 21st century, while preserving the culture and traditions that make the Maasai such a unique people is no simple task. History has shown us that modernization is inevitable, however where other tribes in Kenya have failed to maintain their traditional way of life and customs, the Maasai continue to live in a way not dissimilar to the way their ancestors lived centuries previously. The Maasai Community Development project aims to help the Maasai people retain their culture and preserve their local environment as the modern world continues to impact on their way of living. Volunteer work on the Community Development project consists of conducting seminars to community groups on the local wildlife and environmental issues, assisting with cropping programs and planting of trees, taking basic business skills classes, teaching managerial skills and assisting with Maasai Village fundraising ventures.

Accommodation

Considering the fact that hotels and guesthouses can be expensive for volunteers especially those wanting to stay for longer periods, we work on a program where we place our volunteers in a home stay where they live with a local family. We give that family money from your fee for support, food and board. It is exciting to stay with a family; that way you will learn the Kenyan way of life, meet local people, eat local food and engage in local customs and traditions. Volunteers are accommodated in a home-stay where they will live with a local family. The host family is paid (from your program fees) a generous allowance to ensure you are sufficiently accommodated and well fed. Living conditions in the Maasai program are very basic with no running water or electricity. However, despite the basic living arrangements, volunteer workers are well catered for and extremely well looked after by their hosts. While bedding is provided, it is

recommended that volunteers bring their own sleeping bag and mosquito nets for any trips away.

Food

While the Maasai people generally eat very basic starchy foods, the host families are provided money to ensure you receive tasty, quality food so you will be sure to receive a Kenyan treat. Your host family would also be excited to taste some of your national food too! Kenyans eat three meals in a day. Bottled water is readily available in Kenya and volunteers should budget approximately US\$5 per week for this (2 litres per day). Breakfasts generally consist of Chai (tea), toast, cereal, fruit and mandazi (deep fried dough). A typical lunch can include meat and vegetables in gravy with rice, sandwiches and fruit while dinner usually sees traditional food such as ugali, chapatti, mboga and irio accompany the meat and vegetables. Breakfast is taken in the morning, then lunch, which is served at about 1 PM (or you can take a packed lunch if you wish to eat at your project) and then dinner/supper served at 7 or 8 in the evening. If you have special eating needs, please let us know ahead of time so that we can make arrangements for you. However, we need to stress the point that you should not expect to eat as you normally do at home. We will do our best to see that you are well taken care of, but also as a volunteer, there is a need to be flexible.

GENERAL PROGRAM INFORMATION

Programs begin on the 1st of each month; however it is recommended that volunteers arrive in Kenya at least 2 or 3 days before the program starts. Accommodation is provided from the night before your program starts (30th/31st). Once you have booked your flights to Kenya ensure you email your flight details to MEAC to ensure you are picked up at the airport.

You will be met at Nairobi International Airport by a staff member from MEAC and taken to Kimuka to be introduced to your host family and MEAC'S PROGRAM members (N.B. Program fees only cover accommodation from the night

before your program is to begin). REMEMBER: As soon as your flights are booked you must notify your MEAC travel consultant with your flights details so we can arrange for you to be picked up.

Orientation

Orientation will begin on the morning of the 1st of the month (dependent on your booking) and you will be picked up from your accommodation and taken to the orientation. Orientation will be conducted by the team at MEAC'S program staff and cover everything you need to know for your volunteering placement in Kenya – Introduction to Kenya, Kenyan Customs, Language Training (Kiswahili and Kimaasai), Rules and Expectations, Safety, Travel Opportunities in Kenya, Introduction to your project and placement. The orientation will also give you a chance to meet other volunteers and swap contact details for weekend travel and socializing. Once orientation is complete, volunteers will be taken back to their home stay and introduced to all relevant parties – home stay family members and program placement staff.

Volunteer Week

First Day: On the first day of the volunteering placement, the volunteers will be escorted to the project by program staff and introduced to the staff at the project you will be working with.

Weekdays: While our programs are flexible and can be fitted to your requirements, a typical day is as follows.

- 7.30AM Breakfast with the host family
- 8.00AM Volunteer leaves home and is dropped (or walks) to the project;
- The volunteer joins with the local staff. You will be given a duty roster and a plan for your work. There is usually a tea break and a lunch break. Work and hours is dependent on the project and location that the volunteer is participating in.
- 2.00PM-5.00PM Work at the project usually ends. The volunteer at this point is free to visit and see places or do shopping. Usually we will have a guide to take you

- around. You may also want to hang out with the kids up to around 6.00PM.
- 8.30PM Dinner with the host family.

Weekends: During the weekend, volunteers have spare time and usually just relax or take the opportunity to explore other parts of their local town, Nairobi, Kenya and Eastern Africa. Long weekends can be taken to travel further a field (i.e. Mombasa, Uganda or Tanzania) or to embark on a safari. If volunteers wish to volunteer over the weekends they can join local teams and visit other orphanages (or other children helping organizations) to spend time simply playing with and entertaining the children. Sunday is a rest and church day in Kenya. If volunteers wish they can accompany their host family to their local church. Even if volunteers do not prescribe to the religion of the host family, it is recommended that volunteers attend at least one church service with their host family as an African church service is unlike anything you will every experience.

KENYA MAASAI VOLUNTEER FEES

One of the biggest advantages of volunteering is our great fees! We pride ourselves on our incredibly good prices. MEAC – Making Volunteer Travel Affordable!

What do my fees pay for?

Registration Fee (Refundable if you choose not to go) – 24/7 support from MEAC staff, program marketing costs, information pack, administration costs, travel costs to inspect programs and communication costs with volunteers. Program Fee – Airport pick up, orientation, program supervision, accommodation and meals during volunteer placement period, In-country 24/7 support and In-country administration costs.

What additional costs will I have?

Visa, flights, travel insurance (recommended), vaccinations, souvenirs, trips or tours you do while in the country, transfer back to the airport from program, spending money (volunteers in Kenya generally find US\$20 to be sufficient for basic weekly expenses).

QUESTIONS VOLUNTEERS WANT ANSWERED THAT ARE NOT ON OUR WEBSITE (AND SOME THAT ARE)

Tell me more on Kenya

The country is in east African region bordering Ethiopia to the North, Somalia to the Northeast, Tanzania to the south, and Uganda to the West and Sudan to the Northwest with the Indian Ocean running along the southeast border. The capital city is Nairobi, and its official languages are Kiswahili and English. The country covers an area of 580,367km² and holds a population of 31,138,735 (2007 censuses) and a density of 59/km. However, HIV/AIDS still remains a national disaster in Kenya alongside other diseases like Cholera and malaria epidemics. While Kenya's ethnic diversity has produced a vibrant culture, it is also a source of conflict that has led to ethnic fighting. Other pressing challenges include high unemployment, crime and poverty; most Kenyans live below the poverty level of \$1 a day. The country has 42 local tribal groups distributed all over the entire country.

What kind of volunteer work is available?

The volunteer opportunities are in: teaching, working in children's homes, primary healthcare, community development and HIV/AIDS programs.

What is the climate like in Kenya?

The climate varies from tropical along the coast to arid in the interior. Kenya enjoys a tropical climate. It is hot and humid at the coast, temperature inland and very dry in the North east parts of the country. The country receives a great deal of sunshine all year round and summer clothes are worn throughout the year. However, it is usually cool at the night and early in the morning. The long rain seasons occurs from April to June. Short rains occur from October to December. The rainfall is sometimes heavy and often falls in

the afternoon and evenings. The hottest period is from February to March and coldest in July to August.

Where will I be located?

In rural part of Kenya, Maasai land and its environs. You will be picked at the airport and taken to Kimuka for orientation and the following day taken to your placements. This all depends on your program. For teaching, you are going to be taken to school for introduction to local teachers and be given a duty roster for your daily activities. Medical volunteers are introduced to the dispensary by MEAC staff.

Is there any time of the year when I can't volunteer?

Well, Volunteers are able to participate in the Kenya Maasai program all year round. For the teaching program, school holidays run during **April, August** and **December/early January**. Volunteers can work during school holidays if the majority of their placement is during the school term. These volunteers need to come prepared to volunteer in the community during holiday times.

Tell me more about flying into Kenya?

Volunteers will fly into Nairobi (Nairobi Jomo Kenyatta International Airport) and will be met on arrival by a member of MEAC staff. You are required to pay for a visa after you arrived at Jomo Kenyatta airport (\$ US 50)

When do I need to arrive in Kenya?

The Maasai program has one volunteer intake per month, at the end of every month. Volunteers fly into Nairobi and should arrive the day before, so they are ready to take part in a training program by these dates. Accommodation can be arranged for you if you arrive earlier than the day before orientation begins. You will have to pay your own expenses for any time you stay in Kenya outside of training and volunteer time. Normally volunteers arriving 2 days before their program starts, have to pay the host (Kes 500). If you

get nobody at the airport to pick you up, call 0721 35 88 12 Virginia.

Tell me more about the accommodation?

In most programs, volunteers will be accommodated in a Kenyan home stay. You will be part of Maasai community and feel free. Maasai are the best friends in Kenya. They like to treat visitors as their own. A bed will be provided to you but you have to have your own beddings

Do you make provision for special diets?

Yes, it is possible for special arrangements to be made if you are a vegetarian. But let MEAC staff know during orientation.

How do I get to the project?

Orientation will be held in Kimuka (MEAC School). Volunteers will then be transferred to the program areas at the conclusion of orientation - this cost is included in the program fee.

Can I live with relatives/friends in Kenya if I do have during my volunteer period?

No. All volunteers must stay in accommodation arranged by MEAC. This will encourage focusing on the project and provides the opportunity to stay with other volunteers.

Are there holidays or festivals I should be aware of when traveling?

There are many festivals in Kenya however this will not hinder your volunteering as when they are on you will most likely be invited to celebrate with everyone. Some of these include Jamhuri 12 December, Kenyatta day 20th October, Madaraka day 1st June.

What age do you have to volunteer in Maasailand?

You must be 18 years to 65 years to be able to volunteer in Maasailand. We recommend volunteers to have good health.

What immunizations/vaccinations will I need?

This is a suggestion of what may be needed - please consult with your medical professional or travel specialist for more details.

- Hepatitis A & B
- Polio
- Typhoid
- Yellow Fever
- Diphtheria and tetanus
- Rabies
- Meningococcal (meningitis)
- Cholera
- Malaria (needs to be closely discussed with doctor)
- Tuberculosis

Have a discussion with the physician during your vaccination

Do I need to speak English to volunteer?

Yes, you need to speak English to volunteer. Kenya's two main languages are English and Swahili. Unless you are hopelessly lost in the bush somewhere, you will probably be able to find someone who speaks English. It is also useful for volunteers to have a working knowledge of Swahili, especially outside the urban areas and in remote parts of the country.

What is the criterion for volunteers to be accepted into the program?

An applicant is considered by the information they provide on the application. Further information required, an applicants will be emailed for request on this. We also look further at your application as to skills and experience specifically related to the program you have applied to.

Can I bring my own family with me to the program?

Volunteers are welcome to bring their family members with them on the program. Each application will be considered on a case by case basis. Partners will also need to apply if they wish to take part in the program.

Are there more expenses once I arrive?

The in-country fee covers your accommodation and 3 meals per day, your transfer to your program. You will need to have additional money for bottled water, extra food, for days off, departure from the program, airport departure tax, and any personal shopping you may do.

How safe is it to volunteer in Kenya?

Kenya is a safe and peaceful country. However, political rallies such as those held in Nairobi, Eldoret and Kisumu in early 2008 have become violent and crime has increase. Travel advisories recommend that visitors exercise a high degree of caution, with some even recommending avoiding non-essential travel. While in Kenya, visitors should avoid rallies or demonstrations and stay aware of the current situation as the details and dates of rallies may change. MEAC volunteers will be accommodated in Maasailand which is the safest ever place in Kenya. But volunteers are caution not to make night trips without somebody from the host family.

How many volunteers are there on site at the same time?

This depends on how many people volunteer at any one time. At least two volunteers should be at the same host family at the same time.

What is the course content of the orientation?

Orientation takes place two days in Kimuka and in Nairobi. Volunteers are given a general introduction to Maasai and Swahili language and a cultural orientation.

What hours are I expected to take part in the program?

Volunteers will be required to work between 4 and 6 hours per day, 5 days a week. Weekends and school holidays are free time.

Is there the opportunity to take classes such as language or more cultural activities while on the program?

Yes. MEAC has got seminars at that enhance awareness of cultural activities in the community. You are expected to take part in this.

What resources will be available?

In most cases resources are limited. You may like to take donations of goods with you to distribute or use in the program. If you intend to do fund raising, its very much appreciable. Have discussion with MEAC local staff to picture you on the shortages in the community.

Are we able to do any sightseeing?

Yes, you can take part in visiting other volunteers in other organizations if you know one. You can also take part in Kenyan safari that will let you explore Kenya and east Africa in general. During school holidays this is also another good time to do your sightseeing.

What clothing is appropriate for the program?

Considering the temperature, we recommend light colored, cotton clothing that modestly covers your body (knee-length or longer). As well as comfortable sturdy footwear as well as a pair of sandals/sandals for light walking is recommended. Have sunglasses and a hat as well as sun cream.

Does MEAC have any other partner in Kenya?

No at the moment. MEAC is interacting directly with local community and volunteers.

Who organizes my visa for my volunteer placement?

You will organize your Visa through your travel agent or independently. For citizens of most countries, you can do this at the airport when you arrive or before you get to Kenya. Also our detailed program guide includes links to Kenya Embassies through out the world.

How do I pay my fees?

Your application fee secures your place on the program (remember this is fully refundable if you decide not to take part in the program). At the moment, the only mode of payment with us is bank transfer.

Account Name is: **Maasai Education and Advocacy for Change (M.E.A.C)**
Account no: **046144110386**
Bank name is: **Kenya commercial Bank**
Bank address is: **KCB P.O box 48400 Nairobi.**
Bank's swift code is: **KCBLKENX046**

A receipt should be provided to you after payment have been made. Soon MEAC will introduce a pay pal online payment which will ease payments. You should notify us soon as you make this transfer for us to watch the Transaction. Here is MEAC most affordable volunteer payment:

Volunteer Period	Program Fee US\$	Administration Fee \$US	Total \$US
1 Week	250	170	420
2 Weeks	350	170	520
3 Weeks	440	170	610
1 Month	510	170	680
6 Weeks	690	170	860
2 Months	870	170	1040
10 Weeks	1070	170	1240
3 Months	1270	170	1440

4 Months		1520	170	1690
5 Months		1870	170	2040
6 Months		2220	170	2390

WHERE DO I GO TO FROM HERE IF I WANT TO VOLUNTEER WITH MAASAI EDUCATION & ADVOCACY FOR CHANGE?

To get placed on MEAC project and receive all the information that goes with it we recommend you do the following as soon as possible:

1. Browse our great range of amazing volunteer placements at www.meackenya.org

2. Select a program that you wish to volunteer on and apply online using our ms word form and send it through Virginia@meackenya.org

3. Within 48 hours, you will receive an email from MEAC, letting you know whether there is space on the project you wish to volunteer.

4. If you are successful, you can then pay the registration fee (refundable if you choose not to go) of US\$170. This payment confirms your place on the project and means you won't miss out or have to be shifted to a different project! Your spot on a placement cannot be confirmed until you pay the registration fee. It is also necessary for MEAC so we know that volunteers are serious about partaking in the program they have applied for. Once you have paid this registration fee, you will receive a BUMPER sized info booklet detailing everything you need to know for your upcoming placement.

MEAC is one of the most affordable volunteering organizations you will find, however some people associate low price with low quality - not us. A lot of people believe our programs are the best there are - better even than the programs that people pay thousands for!

If there is anything else we can help you with, do not hesitate to get in contact with us. If you require more information on a specific program check out the website

www.meackenya.org .

NB Our Website is still under construction please bear with us.

KARIBU

VIRGINIA TURASHA

Executive Director MEAC

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www.meackenya.org

VOLUNTEER PHOTOS

They say that a picture speaks a thousand words which is why we post (and get our volunteers to post) pictures for you to see - Where you will be going

- What you will be doing
- Program coordinators and their staff
- Volunteer's in the field
- Volunteer's traveling



